



Fresh ivy gourd export in india To all courtiers



FOB Price: USD \$ 0.08-1 Per Kg

Min.Order Quantity: 500 Kg

Supply Ability: 1 MT Per week

Port of Loading: Chennai, Trichy, Cochin

Payment Terms: TT 40% Advance rest 60% scan

copy of BL

Product Type: Vegetable

Style: Fresh Size: 4 Cm

Grade: A

Certification: APEDA

Weight: 10 Kg

Place Origin: India

Brand Name: YAI (Or) Customer Wish

Model Number: vy-fg-001

Color: Natural color

Product Photo Gallery













Packaging, Shipping & Delivery

Packaging Details: As per customer's wish

Delivery Time: 3 deys

Packing In Carton Box

Delivery In 3-4 Days

Product Description

Coccinia grandis, the **ivy gourd**, also known as **scarlet gourd**, **tindora** and **kowai fruit**, is a tropical <u>vine</u>. It grows primarily in <u>tropical climates</u> and is commonly found in the <u>southern Indian</u> states, where it forms a part of the local cuisine. *Coccinia grand* is cooked as a <u>vegetable</u>.

Health Benefits of Ivy Gourd

Fatigue

Protects the Nervous System

Maintains a Healthy Metabolism

Fiber keeps the digestive tract healthy

Prevents Kidney Stones

Our Services

- 1.Best Packing
- 2. Good Quality
- 3. Best material Rate & Shipping Rate
- 4.Fast Delivery
- 5. 100% satisfaction